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| 2021/22 Karate Schedule for Sherwood Park Karate-Do September to June |
| **Tuesdays** |   | **Thursdays** |   | **Sundays** |
| 6:30 p.m. to 7:30p.m.  |   | 6:30 p.m. to 7:30p.m.  |   | I have decided to make the Sunday class a more advanced  |
| New Horizons School GYM |   | New Horizons School GYM |   | training class for purple belts and up. It is a 2 hour |
| 1000 Strathcona Drive |   | 1000 Strathcona Drive |   | class with everyone in at the same time NOON. Juniors may leave at 1:00 pm. |
| **Junior Karate Class.**  |   | **Junior Karate Class.**  |   |  |
|   |   |   |   |   |
| **Tuesdays** |   | **Thursdays** |   | **Sundays** |
| 7:00 p.m. to 8:30 p.m. |   | 7:00 p.m. to 8:30 p.m. |   | NOON to 2:00 pm |
| New Horizons School GYM |   | New Horizons School GYM |   | DANCEFUSION |
| 1000 Strathcona Drive |   | 1000 Strathcona Drive |   | 225 - 65 Chippewa Road  |
| **Youth/Adult Class** |   | **Youth/Adult Class** |   | **Purple Belts & Up**  |
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| THERE WILL BE NO KARATE CLASSES ON LONG WEEK-ENDS (UNLESS I INDICATE OTHERWISE). |
| For the 2 summer months we will train twice weekly at DANCEFUSION (days and times to be determined) |

 Sundayswill be a time to pursue more advanced kata, kobudo and kihon.