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| 2021/22 Karate Schedule for Sherwood Park Karate-Do September to June | | | | |
| **Tuesdays** |  | **Thursdays** |  | **Sundays** |
| 6:30 p.m. to 7:30p.m. |  | 6:30 p.m. to 7:30p.m. |  | I have decided to make the  Sunday class a more advanced |
| New Horizons School GYM |  | New Horizons School GYM |  | training class for purple belts and up. It is a 2 hour |
| 1000 Strathcona Drive |  | 1000 Strathcona Drive |  | class with everyone in at the  same time NOON. Juniors may leave at 1:00 pm. |
| **Junior Karate Class.** |  | **Junior Karate Class.** |  |  |
|  |  |  |  |  |
| **Tuesdays** |  | **Thursdays** |  | **Sundays** |
| 7:00 p.m. to 8:30 p.m. |  | 7:00 p.m. to 8:30 p.m. |  | NOON to 2:00 pm |
| New Horizons School GYM |  | New Horizons School GYM |  | DANCEFUSION |
| 1000 Strathcona Drive |  | 1000 Strathcona Drive |  | 225 - 65 Chippewa Road |
| **Youth/Adult Class** |  | **Youth/Adult Class** |  | **Purple Belts & Up** |
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| THERE WILL BE NO KARATE CLASSES ON LONG WEEK-ENDS (UNLESS I INDICATE OTHERWISE). | | | | |
| For the 2 summer months we will train twice weekly at DANCEFUSION (days and times to be determined) | | | | |

Sundayswill be a time to pursue more advanced kata, kobudo and kihon.